



Aqueduct Primary Academy  
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*Building tomorrow,  
leading the way.*



Headteacher: Mrs T Lockley  
Deputy Headteacher: Mrs J Clarke  
Assistant Headteacher: Mr A Palin

Wednesday 4<sup>th</sup> December

Dear Parents and Guardians,

*This term we will be discussing the NSPCC's talk PANTS rules in our PDC lessons. During these discussions we will aim to teach our children the following important safety skills without giving any explicit information or telling any scary stories. These are the PANTS rules:*

- P: Privates are private
- A: Always remember your body belongs to you
- N: No means no
- T: Talk about secrets that upset you
- S: Speak up, someone can help

*The lesson empowers children, in an age-appropriate way, to recognise their rights to their own bodies, say no to touch that is unwanted, and tell someone if they feel uncomfortable. The lessons include activities which help children understand:*

- Appropriate and inappropriate touch
- Their right to say no to things that make them feel upset or uncomfortable
- The names for parts of the body
- Who to turn to if they ever feel upset and worried.
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*If you would like to know more about the NSPCC's campaign, including a short film and parent guide to help you continue the 'Talk PANTS' conversation at home, more information can be found at [nspcc.org.uk/pants](http://nspcc.org.uk/pants)*

*If you have any questions or concerns, please do not hesitate to get in touch.*

*Yours sincerely,  
Mr Evans  
PDC lead*



Positivity



Respect



Kindness

Safety



Happiness

Learning

