



School Council

Newsletter

Spring
January 2022

Updating the School Menu...

The School Councillors are currently in the 'research process' stage of updating the School's Menu. They are working alongside their class friends to research these key questions:

- 1) Who has a hot dinner?
- 2) What do you like/ dislike about the menu?
- 3) If you had to add anything to the menu, what would you add to it?

The School Councillors will gather the findings and discuss what they found, within the next school council meeting. Keep your eyes peeled ...

Our ingredients
We've used fresh, seasonal, British produce...
Fish - our fish is MSC accredited...
Vegetables - supplied by Village Dairy...
Meat - our meat is Red Tractor...
Eggs - we only use Free Range eggs...
We're working with our suppliers to...
All of our ingredients are packed for...
fresh and tasty consumption.

Let's Dine Primary School Menu
April 2021 to March 2022
A menu created by the children for the children
GREEN RECOGNITION 2020

Week 1

Monday Chicken Curry (under pieces of Farm Assured Chicken) in a Chilli Curry Sauce Vegetable & Bean Pasta Bake Mild Cheese & Potato in a Tomato Sauce topped with a Savoury Crust Jacked Potato Wedges or Baked Rice, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Chocolate & Vanilla Soft Mousse or Strawberry & Vanilla Soft Mousse	Thursday Beef Bolognese (Farm Assured Fresh Minced Beef) cooked in a Rich Tomato based Sauce Cheese & Tomato Pizza (Cheese & Tomato Topped Pizza with a Rich & Chilly Base) Spaghetti or Herby Pasta Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection, Garlic Bread Homemade Pear & Chocolate Sausage
Tuesday Big Breakfast Farm Assured Pork Sausage, Soft Bacon, Free Range Scrambled Egg Vegetarian Sausage Hash Browns, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Muffin Selection - Caramel Cake or Red Velvet	Friday Fish Finger (Farm Assured) in a Chilly Breadcrumb or Salmon Fritter Quorn Dumplings Chips, Coleslaw, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Let's Dine Fresh from the Farm Ice Cream
Wednesday Traditional Roast with Rich & Tasty Gravy (Farm Assured) Steamed Meat Oven Roasted Vegetables served in a Herbicide Jusling & topped with Mashed Potato Roast Potatoes, Creamed Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Homemade Cooking	Wednesday Traditional Roast with Rich & Tasty Gravy (Farm Assured) Steamed Meat Cheese & Potato Bake (Creamed Potatoes with Cheddar Cheese topped with Steamed Tomatoes) Roast Potatoes, Creamed Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Let's Dine Fresh from the Farm Ice Cream

Week 2

Monday Pork Sausage (Farm Assured) Sausage served with a Rich & Tasty Gravy Vegetarian Sausage (Vegetarian Sausage served with a Rich & Tasty Gravy) Creamed Potatoes, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Homemade Cookie Selection	Thursday Cottage Pie (Farm Assured) Minced Beef in a Tasty Gravy topped with Creamed Potatoes Vegetable Pasta Bake (Roasted Vegetables with Mild Cheese coated in a Rich Tomato Sauce) Jacked Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Homemade Muffin Selection
Tuesday Homemade Pizza (Cheese & Tomato Topped Pizza with a Thin Crust Base) Vegetarian Bolognese (Roasted Vegetables cooked in a Rich Tomato Sauce) Diced Potatoes, Potato Tots, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Homemade Chocolate Sponge & Custard	Friday Fish Finger (Farm Assured) in a Chilly Breadcrumb or Battered Filet of Fish (White Filet) coated in a Light Batter Chips or Coleslaw, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Homemade Fruit Pack

Week 3

Monday Gluten Free Pork Meatballs (Farm Assured) Pork Meatballs served with a Rich & Tasty Tomato Sauce or Chilli Vegetable & Bean Pasta Bake (Mild Cheese & Potato Tots) coated in a Rich Tomato Sauce topped with Cheese Diced Herby Potatoes, Garden Peas, Seasonal, Seasonal Salad Selection, Homemade Bread Selection Homemade Cookie Selection	Thursday Cheese & Tomato Pizza (Cheese & Tomato Topped Pizza with a Thin Crust Base) Jacked Potato Wedges, Seasonal Vegetable Selection, Seasonal Salad Selection, Homemade Bread Selection Apple Sponge & Custard Chip Shop Friday Battered Filet of Fish (White Filet) coated in a Light Batter or Fish Finger (Farm Assured) in a Chilly Breadcrumb or Salmon Fritter Vegetarian Sausage (Vegetarian Sausage served with a Rich Tomato Sauce) Chips, Lemon Dressing, Baked Beans, Garden Peas, Seasonal Salad Selection, Homemade Bread Selection Chocolate & Vanilla Soft Mousse or Strawberry & Vanilla Soft Mousse
Tuesday Chicken and Vegetable Pie (Farm Assured) Chicken and Vegetables in a Tasty Gravy topped with Light PUFF Pastry Vegetarian Curry (Diced Quorn & Seasonal Vegetables in a Chilli Curry Sauce) New Potatoes or Baked Rice, Farmhouse Mixed Vegetables, Seasonal Salad Selection, Homemade Bread Selection Let's Dine Fresh from the Farm Ice Cream	Wednesday Traditional Roast with Rich & Tasty Gravy (Farm Assured) Steamed Meat Cauliflower & Broccoli in a Rich Tomato Sauce served in PUFF Pastry Roast Potatoes, Creamed Potatoes, Cauliflower, Broccoli, Baked Beans, Seasonal Salad Selection, Homemade Bread Selection Homemade Fruit Pack

FUN FOOD FACTS
Did you know...
A potato is a vegetable, not a fruit!
A tomato is a fruit, not a vegetable!
A banana is a berry, not a fruit!
A kiwi fruit is a berry, not a fruit!

Sandwich Bar
Available every Wednesday

Fresh Fruit available daily. Cheese & Crackers available Monday, Wednesday & Friday. Individual Victoria available Tuesday & Thursday. All items subject to availability.