



## RSE at Aqueduct



### What is important to us?

That children feel confident and safe enough to speak to an adult in school should they be worrying about something.

That children are inspired by the curriculum and are encouraged to want to extend their knowledge further.

That RSE focuses on teaching the fundamental building blocks and characteristics of positive relationships including:

- Families and people who care for me
  - Caring friendships
  - Respectful relationships
  - Online relationships
  - Being safe

That our RSE curriculum is inclusive meaning we are creating and maintaining good relationships between pupils, dealing with any prejudice or homophobia and promoting respect and kindness.

### Intent

We are committed to ensuring our programme is age appropriate. We are aware that the issues and concerns facing pupils change and our programme needs to be flexible and responsive. The emphasis is upon teaching children to understand and respect themselves, others and their bodies as part of a healthy lifestyle approach. Pupils are taught about relationships and encouraged to discuss issues. We teach the parts of the body and their functions and how we change as we grow up. We use the correct terminology. We encourage children to ask for help, providing reassurance that change is part of life's cycle.

### Implementation

The RSE curriculum is clear and shows progression between year groups. RSE planning is based on our 'Living and Growing' programme and builds on previous knowledge and understanding. All age groups ensure that mental health, well-being and RSE is weaved into other lessons where possible and taught discretely where needed. In year 5 & 6 there is a greater emphasis on the changes that occur in puberty. We tailor the curriculum offer to reflect the context of the school and local contextual safeguarding issues, national trends and data.

### Impact

At Aqueduct Primary School, RSE impacts the children in numerous beneficial ways:

- It helps children grow and develop as individuals
- Gives pupils opportunities to voice their opinions, concerns and worries
- Gives children the knowledge, understanding, and skills they need to lead confident, healthy, independent lives
- Gives children the knowledge, understanding, and skills they need to maintain caring friendships
- Gives children the knowledge, understanding, and skills they need to maintain respectful friendships
- Children learn how to critically consider their online relationships

Positivity

Happiness

Kindness

Safety

Learning

Respect