



## What do we do at Aqueduct Primary School to support children?



We offer a varied pastoral support scheme for children who experience adversity, bereavement, anxiety, and any other life experiences that may affect their emotional well-being. Support is provided by our fully trained ELSAs (Emotional Literacy Support Assistant) who will offer regular 1:1 or small group nurture support.

We are committed to creating a happy, caring, and supportive environment. As well as a learning environment, the school ensures there is a positive, supportive, and inclusive ethos where children can thrive and achieve their personal best.

We include World Mental Health Day and Mental Health Awareness Week in the school calendar and plan activities for the whole school community. As well as this, every year, the children always get involved in anti-bullying week. They take part in activities which help them understand the detrimental negative effects bullying can have on someone's mental health and well-being.

Personal Development and Citizenship is central to the curriculum across the whole school. The concepts covered in Personal Development and Citizenship include identity, managing feelings and emotions, relationships, change, resilience and being healthy, which includes physical, emotional and social well-being.



We monitor the wellbeing of all our children, including our disadvantaged and vulnerable children. Through the use of our Inclusion Support Manager, ELSA staff and Wellbeing Committee we work hard to ensure all children's needs are met and voices heard.

The school is committed to gaining a fuller understanding of mental health and supporting the needs of identified children. As such we are part of several local networks which allows us to ensure staff are informed and trained in the latest approaches to better support our children.

As a school, we have and continue to access outside help and support for pupils when required.

Positivity

Happiness

Kindness

Safety

Learning

Respect